

BICYCLE PEDAL ASSEMBLY

ABSTRACT OF THE DISCLOSURE

A bicycle pedal assembly includes a pair of pedals and a pair of cleats. The cleats are configured and arranged to selectively cooperate with the right and left bicycle pedals such that two different release forces can be attained using a single pair of cleats. The pedal includes a body that rotates about a shaft and a front and rear clamping members are coupled to opposite ends of the pedal body. Also, the front and rear clamping members are preferably pivotally coupled to the pedal body.